



## Mid and South Essex Integrated Care System Collaborative Working – Executive Summary

<b>Project title</b>	Mid and South Essex Integrated Care System (MSE ICS) Integrated Weight Management Services Pathway Redesign
<b>Organisations involved</b>	<ul style="list-style-type: none"><li>• Mid and South Essex ICS (MSE ICS) that includes:</li><li>• Mid and South Essex Integrated Care Board</li><li>• Essex County Council</li><li>• Southend-on-Sea City Council</li><li>• Thurrock Council</li><li>• Novo Nordisk</li></ul>
<b>Aims and objectives</b>	<p>Mid and South Essex (MSE) Integrated Care System (ICS) has an ambitious vision to transform and innovate the provision of weight management services across its ICS footprint. It aspires to move to genuinely integrated care to ensure people across Essex get access to an appropriately personalised weight management service at the right time, with demonstrable outcomes.</p> <p>At present, the provision of weight management services across MSE – like many health systems nationally – is fragmented. The challenge at a local level is that patients sometimes cycle through weight management ‘tiers’ rather than being seen in the most appropriate care setting. The objectives of this project, therefore, aim to result in:</p> <ol style="list-style-type: none"><li>a) A smoother, more personalised patient experience of weight management services, available and offered to a much higher proportion of the eligible population, with reduced hurdles and barriers to accessing support and treatment opportunities within Tier 2 and 3 service specifications</li><li>b) A clearer, more outcomes-focused evaluation framework, allowing evaluation at scale across a 1.2 million population to understand impact on individual, population and system outcomes, including impact on inequalities. This will increase scope for continuous improvement and evaluation.</li><li>c) Shared accountability across the system for weight management outcomes</li></ol>

	<p>d) Transparency around weight management service pathways, resources and utilisation, and service specifications across MSE ICS, allowing identification of gaps and areas for improvement.</p> <p>e) Developing a baseline to inform future commissioning requirements which are based around individual and population need.</p>
<b>Time period (from/to)</b>	October 2022 to December 2024
Expected benefits of the project	<p><b>Benefit to patients:</b></p> <p>A more personalised and smoother patient experience of weight management services, available and offered to a much higher proportion of the eligible population, with reduced hurdles and barriers to accessing support and treatment opportunities within Tier 2 and 3 service specifications</p>
	<p><b>Benefit to MSE ICS:</b></p> <ol style="list-style-type: none"> <li>1) Increased and dedicated capacity to support the transformation of weight management services across the new ICS footprint in Mid and South Essex, with potential to support scale across England</li> <li>2) A specification for, and delivery of, a more integrated, personalised weight management service offer capable of delivering improved individual, population and system outcomes</li> <li>3) A new outcome and evaluation framework focused on individual outcome and experience measures, population-level and system metrics, enabling future development of a WMS dashboard</li> </ol>
	<p><b>Benefit to Novo Nordisk:</b></p> <ol style="list-style-type: none"> <li>1) Stronger partnership with the ICS team and a richer understanding of how weight management services may develop across England by supporting the development of one of the first integrated and innovative weight management service transformations in England</li> <li>2) Better understanding of patient and customer needs for the management of obesity, which may inform future service offerings and collaborations</li> </ol>

	<p>3) Insight on the appropriate use of pharmacological medicines licensed for the treatment of obesity, in line with local formulary and NICE guidelines, including Novo Nordisk's medicines</p> <p>4) Greater insight into the practical challenges of delivering a high quality, integrated weight management service</p>
<p><b>Resources</b></p>	<p>Novo Nordisk and MSE ICS will combine financial and non-financial resources to redesign the weight management pathway in Mid and South Essex. MSE ICS will provide clinical and non-clinical resource and training. Novo Nordisk will provide financial support to fund two dedicated roles within the MSE ICS Prevention team, and provide support towards independent facilitation support. An MSE ICS operational group will manage the project, while a monthly steering group will regularly review and track progress.</p>